

Eurythmy in Motion, Training weekends 2025-2027

From Spring 2025, we will once again be offering a cycle of our 6 weekend courses. We will meet twice a year, once in spring and once in autumn. The first 2 dates: 21-23 February 2025 and 24-26 October 2025. The dates for 2026 and 2027 will be announced later.

Our courses have a training character, as we offer a lot of extended content and exercises, yet it is not a eurythmy therapy training!

Our course weekends are further training weekends for trained eurythmy therapists and doctors. Your eurythmy therapy training must be recognised by the Medical Section, only then will you have access to our training courses. Except the first course weekend, where anyone interested in eurythmy can take part.

A course weekend starts on Friday at 3 pm and ends on Sunday at 1 pm.

The topics we cover are:

1st course weekend: How do I stay healthy at work?

A thematic weekend in which we not only work on keeping our own bodies healthy, but in which we also get to know this extended eurythmy through new insights into the etheric body, the aura, the interrelationship of the member sheaths in order to find out whether we want to participate in the entire cycle. This course weekend is also aimed at all eurythmy practitioners. Those interested in working on their health with eurythmy.

2nd course weekend: Digestion.

A thematic weekend in which we get to know the sound sequences for our digestive organs. We will also practise the first series of sounds with which we can work on certain processes in the body (inflammations).

3rd course weekend: The modules of effect

This thematic weekend is all about the sound sequences with which we can work on many various processes in the body.

4th course weekend: Eurythmy therapy for cancer processes.

A new way of working with organ modules, member sheath modules and modules of effect which can be used to treat all types of cancer.

5th course weekend: The soul modules.

During this weekend we will work on sound sequences that are related to environmental and/or psychological factors with various issues (including: hyper-sensitivity, sensitivity to electro-smog, tinnitus, burn-out, anxiety, depression, processing issues).

6th course weekend: Some specialised modules.

- Eurythmy therapy after organ and tissue transplantation and prosthetic surgery.
- Modules for bone metabolism, back, limbs, joints, tendons, muscles, connective tissue and skin and their diseases/conditions.
- Some schooling path exercises for doctors and eurythmy therapists.

These 6 topical weekends cover an important part of our two workbooks with a total of 570 pages and approx. 350 exercises.

The courses are in German, but will be simultaneously translated into English if there are 5 or more English-speaking participants.

The workbooks are available in German, Dutch and English.

The first weekend is an introductory weekend and can be attended separately from the other weekends. You will receive a separate study booklet for the first weekend. With the content of this first weekend and the accompanying study booklet, you can make an informed decision as to whether you would like to attend the other five weekends.

Each additional course weekend begins with a two-hour review of the most important points from the previous weekend.

In order to be able to work professionally, independently and responsibly with the contents of both workbooks, 80% participation is required for the second to sixth weekend. The two workbooks are not available without participation in our courses (however, you will find two information booklets on the background, content and working methods of Eurythmy in Motion on our foundation's website).

Costs:

- 1st weekend: 220 euros, incl. workbook, 3 meals, coffee/tea/juice.
- 2nd to 6th weekend: 240 euros for each weekend course, incl. workbooks, 3 meals per weekend, coffee/tea juice.

Tutors:

Liesbeth Kuhlemaijer, anthroposophical general practitioner

Martine Meursing, eurythmy therapist

Wieger Veerman, eurythmy therapist

Further information about the tutors can be found on our foundation's website.

The courses are offered at the Waldorf School in the centre of Deventer:

Vrijeschool De Kleine Johannes, Oosterstraat 3a, 7413 XV Deventer, The Netherlands

The school is a 3-minute walk from Deventer railway station, which has good intercity connections with other countries.

By plane to Schiphol Airport, from there a train journey of about an hour to Deventer.

Deventer is a medium-sized city with plenty of accommodation for every price range.

- *'Eurythmy in Motion International'* started in 2019 and we have since welcomed many eurythmy therapists and doctors from 12 different countries to our courses.
- Our course weekends are recognised by several professional associations and receive continuing education points/hours, ask your professional association.
- Money should never be an issue for attending our courses. For example, if you are retired, on a low income or have a lot of travelling expenses, ask our foundation for financial support.

Further information on 'Eurythmy in Motion' can be found on our foundation's website:

www.stichtingrozenhart.nl

For requests for a reader and/or questions about financial support for a course:

info@stichtingrozenhart.nl

For all questions about course content and registration:

irtha@kpnmail.nl